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half an hour per day, 5 minutes electricity). 3. Self Foot Massage improves the quality of life, strengthens the body.

simultaneously massages, dual channel double-strength.

FAQ

- the foot massager? Do not massage your feet 30 minutes before a meal and 1 hour after a meal. Foot treatment before and after meals hinders digestion.
- 2.How long is appropriate for 1 foot massage? It is recommended that 1 foot massage is 30 minutes.

3. What should I do after a foot massage? You should drink a cup of warm water within 30 min after a massage to allow qi and blood to flow. Avoid tea, wine and other beverages

4. What are the beauty benefits?. Foot massages indirectly stimulate adrenal glands and hormone release. This in turn increases skin vitality, speeds up metabolism, reduces

pigmentation.

Foot Massager

ITEM:HW50807



Intelligent Robot-arm Three-dimensional Biomimetic Massage Foot Machine Operation Manual

Foot Massager

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Foot Massager

Domestic Foot Massage

Today, foot reflexology is becoming a popular trend in healthcare. Chinese medicine propels the idea that the internal organs and legs havea relationship. The human ankle these points will promote blood flow and warm

Domestic foot therapy for healthcare

alone has more than 60 points and foot care at the organs. Treating the foot before sleeping can help relieve fatigue, soothe the nerves and allow for sound sleeping.

Advocating domestic foot healthcare

Domestic foot care is easy to learn and allows for flexibility. Do not overlook the role of your feet and treat them accordingly.

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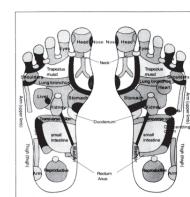
Foot Massager

Foot Massager

Product Theory Of Foot Massager

Reflexology is based on traditional medicine, meridian science, magnetic science and reflexology health law. It is an integration of modern electronic technology and medical research achievements.

Principles of neural reflex



The reflex is a human reaction to outside stimuli. Abnormal body tissues and organs will result in foot problems at the reflex points---air bubbles, sand granular, bar-shaped locks, small nodules, etc. When you massage these reflex points, you will feel tenderness. The pain transmits from the afferent nerve to the central nervous system, which sends out a series of nerve impulses into body tissues and organs. This results in humeral regulation and increases the body's potential to adjust to body imbalances.

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Foot Massager

Jingluo is the main theory of Chinese medicine.

It dates back five thousand years ago to the "Inner Canon of the Yellow Emperor" records, which says that a foot massage can make a person healthy. Meridian is a "channel", and if blocked, it can make a person feel uncomfortable. The Meridian line connects the feet's reflex points and when massaged, it will stimulate circulation.

Product Features Of Foot Massage

1. Massage fully, emphasizing key points. 2. Bipedal pairs of points simultaneously. 3. "Symptomatic acupoints" allow for personalized foot massage. 4. Convenient to use. 5. Unique convex-concave shape and design allows for distribution of the perfect match points based on human foot structure and follows acupuncture points. 6. The micro-computer control (power of only 200W) is power efficient (only 0.1 degree consumption), reliable and durable. 7. May be adjusted any time to suit personal speed and steering preferences.

Applicable Scope

1. Health care massage for home, office, leisure to relieve 2. Rehabilitation treatment for diseases such as head-aches, migraines, headaches, neck and shoulder ache, stomach pain, fatique, abnormal blood pressure, constipation, weight loss. detoxification, lack of sleep, insomnia, cold, pressure, dysmenorrhea, menopause, irregular menstruation, infertility, etc.

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Foot Massager

Foot Massager

Product Value

1. Experience a humanized, 3-D biomimetic foot massage. 2. Economic benefits: 5 minutes for Reflexology (200 watts,

4. Low-input and high return. Biped pairs of points can be

- 1. When should I not use

Foot Massager

What are the results of the foot massager?

After 5-10 treatments, the human body should experience

the following: 1. Increased sleeping. Sleeping allows for body renewal.

- 2. Increased sweating. Sweating helps discharge toxins and boosts metabolic processes.
- 3. An incensement in maturation.
- 4. Increased stool frequency to eliminate toxins and diseases caused by poor qi and blood. 5. Back and shoulder pain may increase within the first
- few days, but will decrease quadratically after in response to increased blood circulation. 6. Some patients may experience swelling, especially if they have lymphatic disorders. Continue massaging

until body fluids are smoothed out and the swelling will

naturally disappear. 7. Heat phenomenon due to massaging the lymph nodes. 8. Reflex response to pressure Fen or increased organ lesions the first few days. Continued massage will result in self-elimination of these ailments.

Foot Massager

Foot massager 1

Common diseases and foot therapy

Headache/Migraines Massage the shaded

region to ease headaches.



Sore shoulders

Massaging these areas will improve blood circulation to relieve sore shoulders



Cervical Acid

Massaging these area will reduce neck and shoulder pain. It can treat stiff necks.



Stomachache

Massaging the shaded areas will ease stomach pain, vomiting and gastritis.

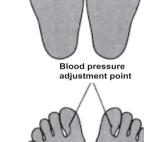


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Foot Massager

Fatigue

These areas will adjust the neural reflex and endocrine system, and improve blood circulation to ease muscle tension and fatigue.

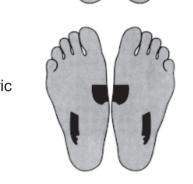


Abnormal/High **Blood Pressure**

This area will adjust blood pressure, increasing for hypotension and decreasing for high blood pressure.

Constipation

These area enhance gastric peristalsis and promotes bowel movements.



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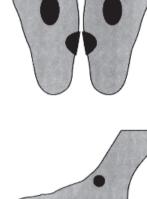
Slimming

These areas are related to the digestive system and enhances stomach regulations.



Detox

Most toxins leave the body through discharge, urination and defecation. Massaging the shaded areas benefit the kidneys and bladder to increase detoxification. The inside of the front heel is related to bladder points and will swell with bad bladder conditions. The lateral ankle front related to upper body lymph nodes and the big toe represents lower body lymph nodes.



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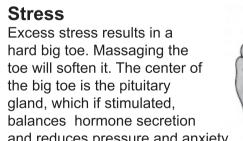
Foot Massager

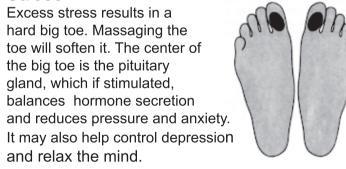
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Insomnia/Lack of Sleep The big toe related to qi and blood. If massaged, it will relieve stress, improve blood circulation and improve sleep.



Massaging the following areas will relieve the nose, lung, bronchus, arynx, and respiratory zones. It will improve blood circulation, equilibrate the body, and alleviate cold symptoms.





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5. Main Technical Parameters /

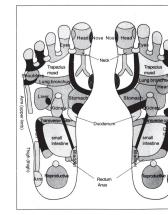
Power consumption: 40W Time: 15 minutes Product Size: 635mm X 380mm X 300mm Product weight: 6.8 kg Storage temperature : -15C ~ + 85C Running temperature : +10C ~ +40 C

6. Cleaning and Maintenance

 Unplug power cord prior to cleaning the massage machine 2). Do not use benzene, thinner, or other corrosive solvents. 3). Do not clean with a wet cloth with alcohol. Use a dry cotton cloth. 4). If the machine will not be used for a long time, roll up the massager AC power cord and store in a clean, dry environment. 5). Do not store equipment in high temperatures, open flame, or direct 6). Use the equipment in light, avoid throwing, excess pressure, collision, or strong impact.

Appendix: Reflexology Diagram

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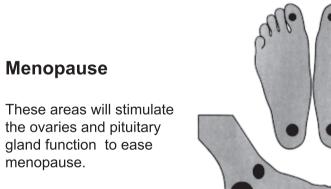


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Dysmenorrhea The dysmenorrhea massage should start on the first day of menstruation so that

women can ovulate normally. Massage the feet at the shaded areas until you feel comfortable and soft. The lateral ankle on the lower side is connected to the clearing up ovarian dysfunction.



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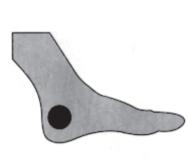
Menstruation Infertility

Carry out a full massage around the center of the ankle.

The lateral lower ankle are ovary points and the



medial lower ankle is the uterus point.



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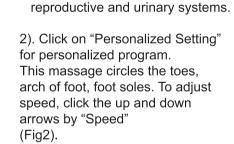
Foot Massager **Foot Machine Operation Manual**

1.Overview

Foot massage is based on the traditional medicine, the meridian science, magnetic science asa well as the Health Act about the pace of reflex zones, integrating modern electronic technology and medical research achievements made.

2.Procedures 1). Click the button "Automatic Setting" for the automatic program which includes(Fig 1):

a) Program I: Health care massage. b) Program II: Massage focus on head, neck, lumbar spine, shoulders, etc. c) Program III: Focus on intestinal, liver, stomach, etc. d) Program IV: Focus on legs,



3). Click "Manual Program" and adjust the speed ("Speed" up and down arrows) and direction ("Turn" up and down arrows). (Fig 3)

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Auto

Guston

Foot Massager

All related function can use remote control to adjust directly . (fig 4)



Every massage cycle is automatically set to 15 minutes. Repeat cycle for a 30 minute massage.

- 3. Operation Instructions:
- 2). Press the "Switch" button to open the power 3). Set up massage by pushing the desired setting.
- 4). Turn off machine. Massager will automatically shut off after 5 minutes after massage is over. During a massage, press the "Switch" button to halt the machine. After 10 minutes of halt, the machine will automatically shut off. Holding down the "Switch" button will also shut off the massager.

Note: NEVER pull out the plug directly in the course of using, unplug the power cord after shutdown.

For people whose feet are sensitive to the massaging nodes, the massager may be a little bit rough in the beginning. We suggest to lift your feet a bit in the beginning and gradually your feet will adapt to the massager after several uses. We are sure you will love it eventually.

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Foot Massager

Attention /!\

1. Make sure voltages are compatible. Do not use wet hand to plug the power. Always unplug if not in use. 2. Do not use massager in areas with poor ventilation,

such as under bed covers or covered by a pillow/blanket.

This may cause overheating.

3. Use only indoors. Do not use in bathroom.

4. Do not sit on the massager or step too forcefully on it. 5. Do not insert object in massager.

6. Do not use if massager or wires are damaged.

7. Do not use massager with wet feet. 8. Do not use if you are/have: cancer patients, osteoporosis, high fever, impaired consciousness, erythematous epileptic patients, malignant tumors, active tuberculosis, severe cardiac dysfunction in vivo patients with electronic devices, bleeding

disorders, pregnant women, allergic constitution 9. Do not use with the following electronic medical devices simultaneously: A) Cardiac pacemakers and other implanted medical electronic

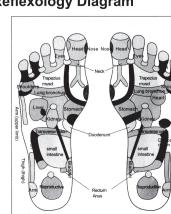
devices B) Human-type heart and lung and other life-sustaining medical

C) ECG medical scanners and other electronic devices

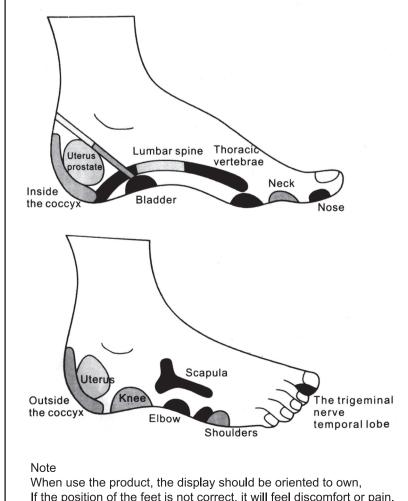
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Foot Massager

Power Supply: 110-120V~60Hz Massage speed: high, medium and low three gears for adjustment



Foot Massager



If the position of the feet is not correct, it will feel discomfort or pain. Massage will be a little pain, this is a normal phenomenon Foot massager 18