

USER'S MANUAL
MOTORIZED TREADMILL
SP36602

1. CAUTION

To avoid any hurts, please read this manual carefully before using.

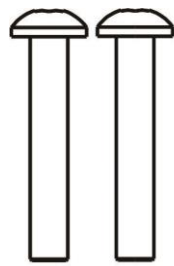


- For safety purpose, do not stand on running belt while start.
- Please stop immediately if you experience any kind pain, including but not limited to chest pains, nausea, dizziness, or cramp.
- Please speed up slowly if needed.
- Adjustment of belt is prohibited during using.
- It is suggested to wear sports shoes while using this equipment.
- Children, the elder, the pregnant, and patients are prohibited from using this machine.
- Please clip the safety key on your clothing during using.
- Please firmly hold the handle bars during using.

2. SAFETY AND NOTIICE

- Please put the machine on flat ground. It is unsuitable to put the machine at following places:
 - ① Outdoors.(The machine is specially designed for indoor use only)
 - ② Slant ground or slant places on balcony.
 - ③ Sunlight area or near heater.
 - ④ Noisy places.
- The proper power for the machine is A.C 110V.
- Error may appear on display if the power is not stable. Please do not use the same socket together with computer, air conditioner etc.
- It is suggested to wear sports shoes and gym suit while use the machine.
- Please speed up or speed down slowly.
- Make sure no child or other object is near while folding or unfolding the machine.
- The treadmill should not be located near water or wet object. Error or damage may be caused if water or other liquids drop into the equipment.

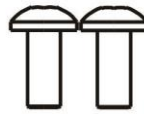
5. PRODUCT SPARE PARTS



M8*40 screw



M8 flat pad



M8*16 screw



M8 arc pad



Silicone Oil

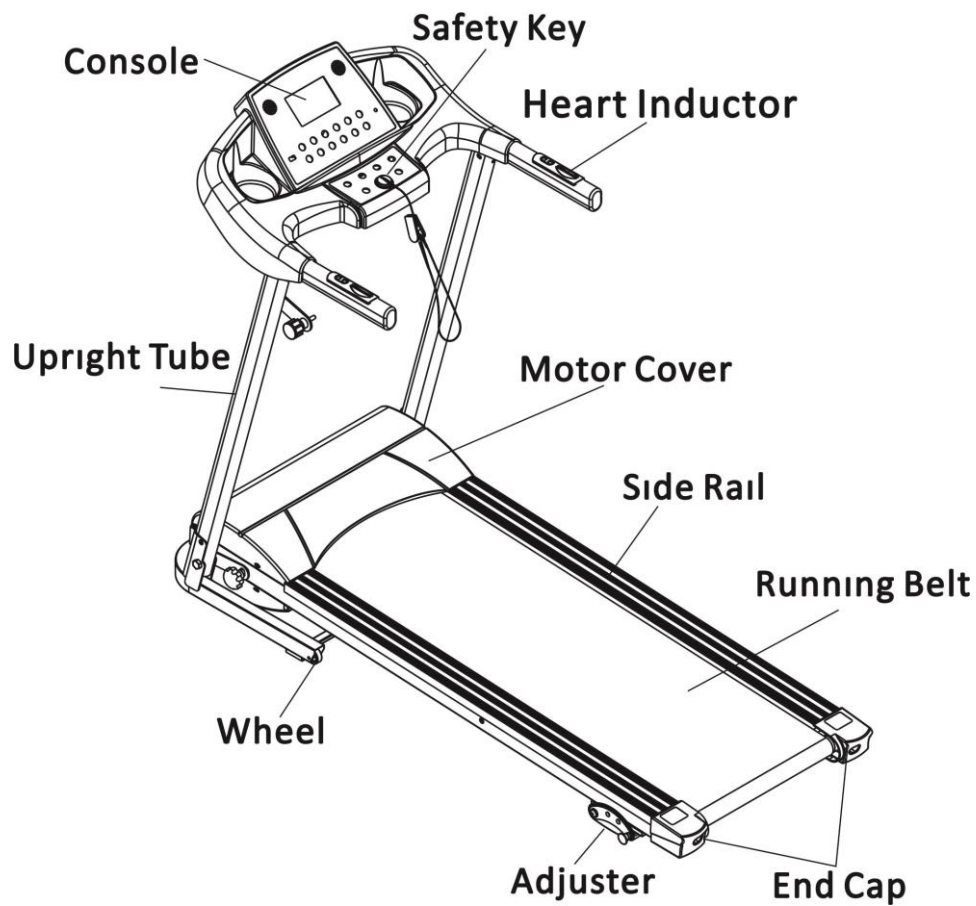


Wrench

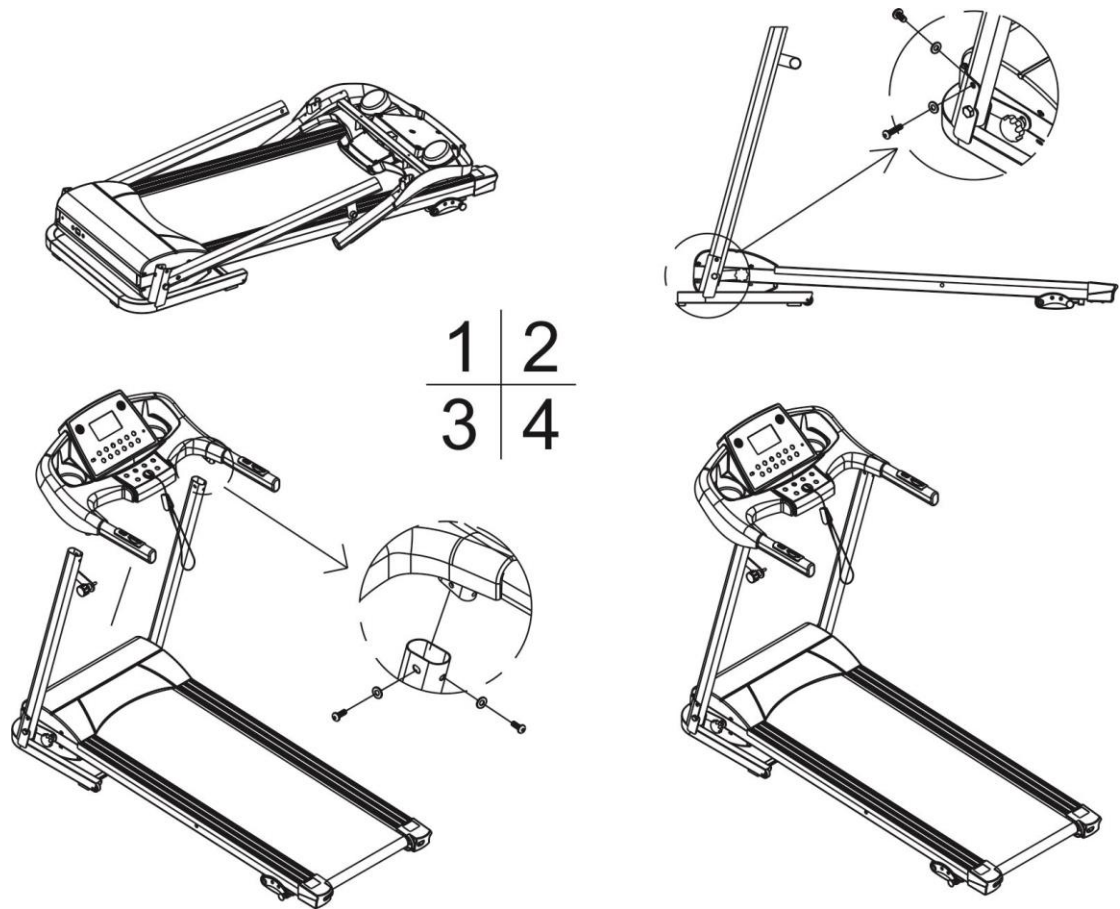


Safety Key

6. PRODUCTS MAIN PARTS



7. ASSEMBLY



- ① Place the treadmill on level ground, unfold the treadmill by hand carefully. (See Fig 1)
- ② Fix the frame to the base with 1 x M8*40 screw and 1 x M8*16 screw on each side, do not tighten them in this step(See Fig 2)
- ③ Connect the signal cable from the console and supporting frame and fix the panel to the supporting frame with the pre-installed screws on the support tube on the console. (See Fig 3)
- ④ Tighten all the screws, [**Important**] Put **safety key on the console** and finish the assembly(See Fig 4)

8. CONSOLE INSTRUCTION



1. “START” key: During STAND BY or COUNTDOWN mode(H1~H3), press “START” key, SPEED window will show “3 2 1 0” to start working. TIME starts counting from 0:00~99:59 and restart. The default speed is 1.0KM/H.
2. “STOP” key: During working, press “STOP” key and the machine will be stopped. Press “STOP” key for 2 seconds, the system will reboot.
3. “SPEED +”, “SPEED -” is the key for increasing or decreasing speed. Press shortcut key of speed +- can also adjust the speed.
4. “MODE(M)” key: During STAND BY, you can change the following setting by pressing MODE, including TIME count down (setting range 5:00~90:00), Distance count down (setting range 1.0~99.0), Calorie count down (setting range 10~999), 12 programs (P01-P12), Pulse Program Hr1~2, Body Fat testing MODE etc.
5. “SHORTCUT” Key: Press 2 , 4 , 6 , 8 to set the speed quickly.
6. “PULSE PROGRAM” Hrc: Continue press “PROGRAM(P)” key to select Hr1~2 mode, press “MODE(M)”key to set age, adjust by pressing speed +- (default setting is 35, can select between 10~99). After setting the age, press “MODE(M)”key to change preset pulse data (Hr 1 default pulse = $(220 - \text{age}) \times 60\%$, Hr 2 default pulse = $(220 - \text{age}) \times 80\%$), adjust by pressing speed+- to select between 70~199 time/minute.
7. “BMI” MODE: Press BMI key to enter into FAT mode. Press “MODE(M)” to set gender (F-1), age(F-2), height(F-3), and weight(F-4). After selecting one of the parameter category, press

speed +/- to adjust the data. With all the data being set up, press Mode Key, and the display will show “---”. Put your hand on touch heart frequency key, and the program can calculate your body index.

Default data and setting range

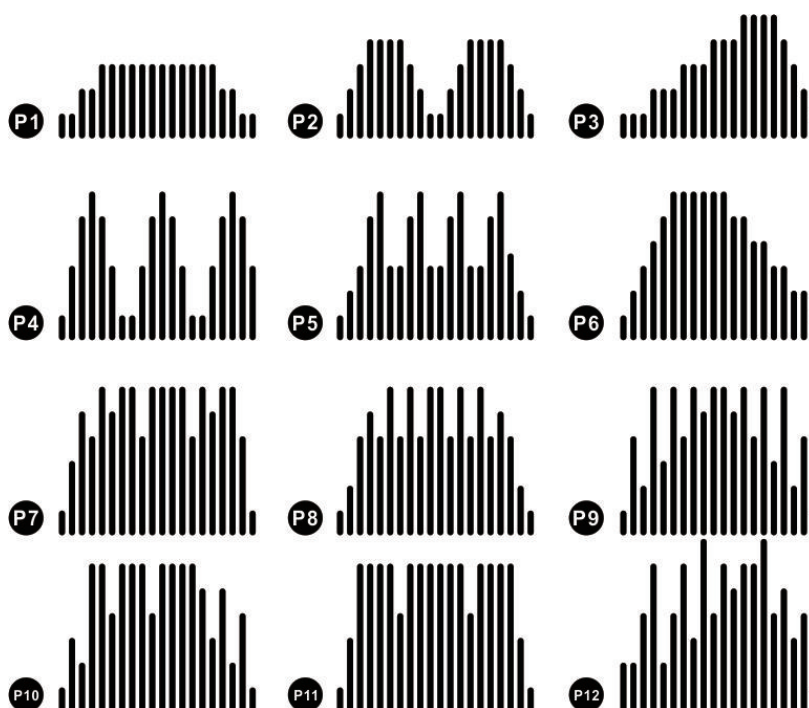
Parameter Category	Default Data	Setting Range	Note
Gender F-1	2	1/2	1 is male, 2 is female
Age F-2	35	10~99	
Height F-3	170	50~250	Unit: CM
Weight F-4	60	20~200	Unit: KG

Body Mass Index Chart

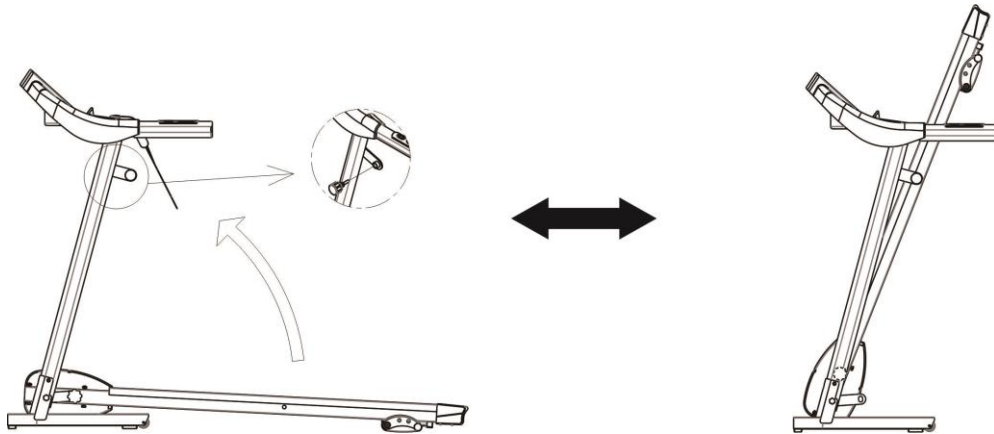
Body Mass Index (BMI)	BMI Categories
<19	Slim
19~26	Normal
26~30	Overweight
>30	Fat

8. “SLEEP” Mode: During Standby mode, if the console is let sit idle (without pressing any key) for 10 minutes, it enters into Sleep Mode automatically, and no display will show. To resume or wake up the machine in Standby mode, you can press any key on console.
9. “SAFETY” Mode: In case of emergency, pull off the safety key, the machine will stop immediately, and the display window shows “---”.
10. Press Reset key, all data will cleared to standby status.

AUTO PROGRAM



9. FOLDING UP AND SETTING DOWN



Fold :

Turn on the fixed knob then lift the running board to assemble the machine. Pull out the tension knob, aimed at the platform then release the knob to fix the machine. Move the machine.

Unfold :

Pull out the tension knob then fall down the running board and fix the machine with the fixed knob then use the machine after electrify.

10. USAGE OF SILICONE OIL

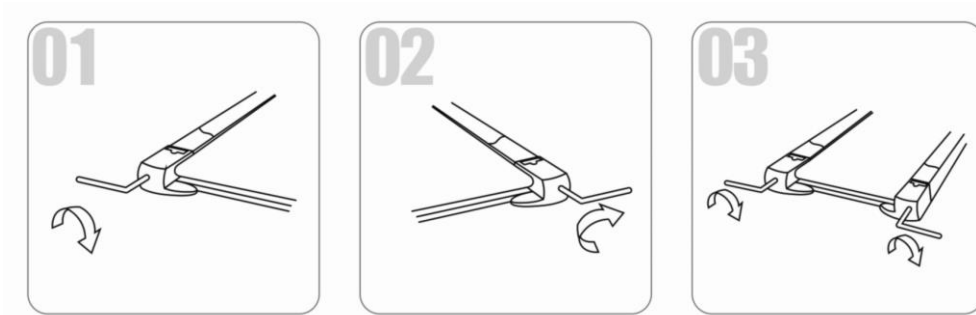
Pull up the running belt slightly, apply silicone oil to the backside of the belt and the top surface of the running deck.

Start the machine and keep it running for 3 minutes so that the oil spread and even out. It is necessary to maintain your

treadmill like this every 30 working hours of the machine for optimal performance, which also helps extend the service life of parts.



11. RUNNING BELT ADJUSTMENT



(1) Running belt deviate to left

Start the machine by speed at 2-3KM/H without loading, use Allen wrench to screw the bolt 1/4 turn clockwise (see fig1). Keep the machine running without loading for 1-2 minutes to gauge. Repeat the previous step if more adjustment is needed, until the belt moves to the center.

(2) Running belt deviate to right

Start the machine by speed at 2-3KM/H without loading, use Allen wrench screw the bolt 1/4 turn clockwise (see fig2). Keep the machine running without loading for 1-2 minutes to gauge. Repeat the previous step if more adjustment is needed, until the belt moves to the center.

(3) Running belt slipping

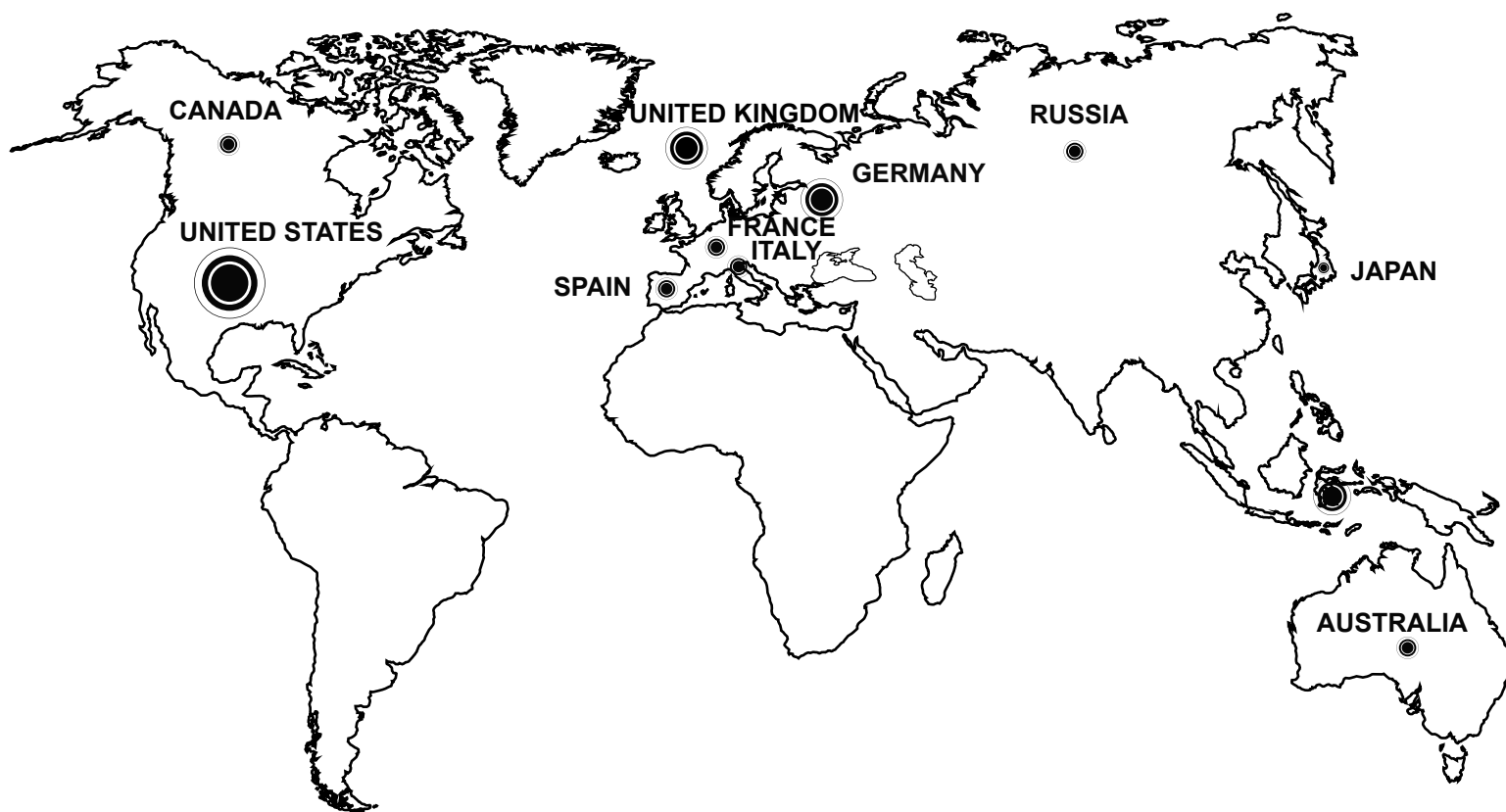
If the running surface becomes slipping, tighten bolts on both ends 1/2 turn clockwise (see fig3) with Allen key. Repeat if necessary until the belt is properly adjusted.

(3) Running belt logjam

If the running belt is in dead condition, loosen bolts Allen wrench to make the screw 1/2 circle both left and right till this logjam solved.

12. TROUBLE SHOOTING

Error Code	Meaning	Problem	Solution
Err(or E00)	No Safety key on Panel	Safety key is not on the panel or it is not properly put on	1. Put safety key in the yellow area of panel 2. Err(or E00) still shows or there is no function, change the computer screen/display monitor.
E2	Control Board Error	Control board is broken or pseudo soldering on control board	Replace control board
E4	Control Board Error	Control board is broken	Replace control board
E5	Overcurrent Protection	Control board short circuit or motor blocked	1. Open the motor cover and check whether the motor is blocked. Remove the block if yes. 2. Replace the control board if it's not blocked, or the error still shows.
E6	Motor Error	Motor broken or motor line fall off	1. Open the motor cover and check whether the motor is broken or whether the motor wire is connected to control board properly. Reconnect the wire is recommended. 2. Replace the control board if the error still shows.
E7	Communication Failures	Wires from the control board to panel board are broken or not properly connected	1. Make sure the wires from the control board and panel board are connected securely and not damaged. 2. Replace the control board if the error still shows.
E8	Overload Protection	Excess of electricity or user exceeded max load weight	1. Make sure the user does not exceed max weight capacity. 2. Reconnect power and re-start the machine. 3. Replace the control board if the error code still shows.



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