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SuperFit










USER'S MANUAL

Folding Treadmill SP37745WL

THIS INSTRUCTION BOOKLET CONTAINS **IMPORTANT** SAFETY INFORMATION. PLEASE READ AND KEEP FOR FUTURE REFERENCE.



Before You Start

-  Please read all instructions carefully.
-  Retain instructions for future reference.
-  Separate and count all parts and hardware.
-  Read through each step carefully and follow the proper order.
-  We recommend that, where possible, all items are assembled near to the area in which they will be placed in use, to avoid moving the product unnecessarily once assembled.
-  Always place the product on a flat, steady and stable surface.
-  Keep all small parts and packaging materials for this product away from babies and children as they potentially pose a serious choking hazard.

Safety Precautions

NOTE: Please read the instruction carefully before using the treadmill and pay attention to the following safety precautions.

- ★ The treadmill is suitable to be placed indoors to avoid moisture. Do not splash water on the treadmill, and do not place any foreign objects.
- ★ Before exercising, please wear suitable sportswear, sports shoes, and stretch your whole body. It is strictly forbidden to exercise barefoot on the treadmill.
- ★ The power plug must be grounded, and the socket must have a dedicated loop to avoid sharing it with other electrical equipment.
- ★ Keep children away from the machine to avoid accidents.
- ★ It is necessary to avoid long-time and overload operation, otherwise it will cause damage to the motor and controller, accelerate the wear and aging of the bearings, running belt, and running board. Please keep regular maintenance.
- ★ Reduce indoor dust, maintain a certain indoor humidity, and avoid strong static electricity, otherwise it may interfere with the normal operation of the electronic watch and controller.
- ★ Please turn off the power of the treadmill after exercise.
- ★ When using the treadmill, keep good indoor air circulation.
- ★ Please fasten the safety lock cable clip to your clothes during exercise to prevent safe shutdown in an emergency.
- ★ If you feel uncomfortable or abnormal during use, please stop exercising and consult a doctor.
- ★ Please put silicone oil in a place out of the reach of children to avoid serious consequences caused by accidental ingestion after using the silicone oil.
- ★ The safe area behind the treadmill is: 39.5" x 79".
- ★ Emergency jump off: While holding the armrests with both hands to prop up your body, step on the side rails with your feet and jump off the treadmill from one side.

Warning: Please observe the following regulations in order to reduce accidents or injuries to others.

- ★ Please check whether your clothing is properly worn or zipped before use.
- ★ Don't wear clothes that can get caught on the treadmill.
- ★ Do not place the power cord near a hot object.
- ★ Keep children away from the treadmill.
- ★ Don't use the treadmill outdoors.
- ★ The power must be cut off before moving treadmill.
- ★ Non-professional personnel shall not open the upper guard cover and the left and right rear housing without authorization.
- ★ Only one person can exercise on the treadmill when the machine starts.
- ★ Please stop exercising immediately and consult a fitness instructor when you feel dizziness, chest pain, nausea or shortness of breath during exercise.

Warning! Enforcement!

If you are being treated by a doctor or you are the following patients, please be sure to consult a professional doctor before using the product.

- (1) People who are suffering from back pain or who have suffered injuries to their legs, waist, and neck in the past. People with numbness in the legs, waist, neck and hands (people with herniated discs, spondylolisthesis, cervical spine herniation, etc.).
- (2) Having deformed sex arthritis, rheumatism, gout.
- (3) Abnormal people with osteoporosis.
- (4) Having circulatory system obstacle (disease of heart, blood-vessel hypertension).
- (5) Having difficulty in breathing.
- (6) Using artificial pacemakers or implantable medical electronic devices.
- (7) Having malignant tumors.

- (8) Having thrombosis or serious dynamic environment tumor, acute environment tumor and other blood circulation disorders or a variety of skin infections and other symptoms.
- (9) Having perceptual disabilities caused by diabetes and high peripheral circulation disorders.
- (10) Having skin injuries.
- (11) Having a high fever (100°F or above).
- (12) Having abnormal dorsal bones or crooked dorsal bones.
- (13) Having pregnancy or possible pregnancy or menstruation.
- (14) Feeling abnormal and have to rest.
- (15) Poor physical condition obviously.
- (16) Users for rehabilitation purposes.
- (17) Feeling uncomfortable in a certain region of the body except the above circumstances.

——may cause an accident or poor physical condition.

- ◆ Please stop using immediately and consult your doctor when you feel pain in your back, numbness in your legs, dizziness, abnormal heartbeats and other body aches that are different from normal or poor coordination or other abnormal feelings during exercise.
- ◆ Do not allow children to use or play around the product.
If not followed, there may be a risk of injury.
- ◆ Do not allow children to play with this product for child protectors.
If not followed, there may be a risk of injury.
- ◆ Please make sure if there is person or pet around (rear, lower, front) during using or taking out product.

Prohibition

- Do not use it in the state when the outer shell of the product is cracked, or detached (the internal structure is exposed), or the welded part is detached.

——Otherwise, it's easy to cause accident or injury.

- Do not jump up or down during exercise.
—It's likely to fall or cause injury.
- Do not use or keep it in damp places such as outdoors or near the bathroom, or in places where water drops are caught.
- Do not use or keep in places with direct sunlight such as high-temperature places of around the stove and heating appliances of electric heating carpets.
—Otherwise, it's easy to cause electricity leakage or fire.
- Do not use when the power cord or plug is damaged or the socket is loose.
—Otherwise, it's easy to cause electric shock, short circuit and fire.
- Do not damage or forcibly bend or twist the power cord. At the same time, do not place heavy objects on it. or not let the line be clamped.
—Otherwise, it's easy to cause fire or electric shock
- Do not use it with two or more people at the same time. Do not let the people around get close when using.
—Otherwise, it's easy to cause accident and injuries from falls.
- Do not use it if you can't express consciousness by yourself or operation.
—It's likely to cause accident or injury.

Do Not Disassemble the Treadmill

- Disassembly, repair or re-election are strictly prohibited.
—There is a risk of injury due to mechanical failure.

Avoid Touching with Water

- Do not spray water or other conductive liquid on main body or operation part.
—It may cause electric shock and fire.

Prohibition

- People who don't usually exercise shouldn't suddenly do strenuous exercise.
- Do not use after eating or when you are tired. Especially after exercising or when you are in an abnormal physical state.
—It may cause harm to health.
- This product is suitable for the home use, do not use in the school, the gymnasium, or for non-specific users.
—There would be injury risk.
- Do not use when eating, drinking, or doing other activities.
- Do not use it after drinking until you feel sluggish.
—it's easy to cause accident or injury.
- Do not use it with something hard in your pants pocket.
—it's easy to cause accident or injury.
- Do not use the power plug with needles, garbage or water.
—It may cause electric shock, short circuit and fire.
- Do not pull out the power plug or switch the power switch to "off" during use.
—It may cause injury.

Never Use it with Wet Hands

- Do not pull out or insert the power plug with wet hands.
—It's likely to cause electric shock or injury.

Pull out the Power Plug

- Please pull out the power plug from socket when you don't use it.
—Dust and moisture make its insulation deteriorate and lead to electricity leakage and fire.
- Please be sure to pull the power plug from the socket during maintenance.
—Failure to comply may result in electric shock or injury.

- Please stop using it if the device does not start or runs abnormally. Immediately pull out the power plug and entrust inspection and repair.
——Failure to comply may result in electric shock or injury.
- Pull out the power plug immediately in case of power failure.
——Otherwise it may cause accident or injury when the power restored.
- Do not hold the cable tightly. Hold the power plug to pull out the plug.
——Otherwise, it may cause short circuit, electric shock and fire.

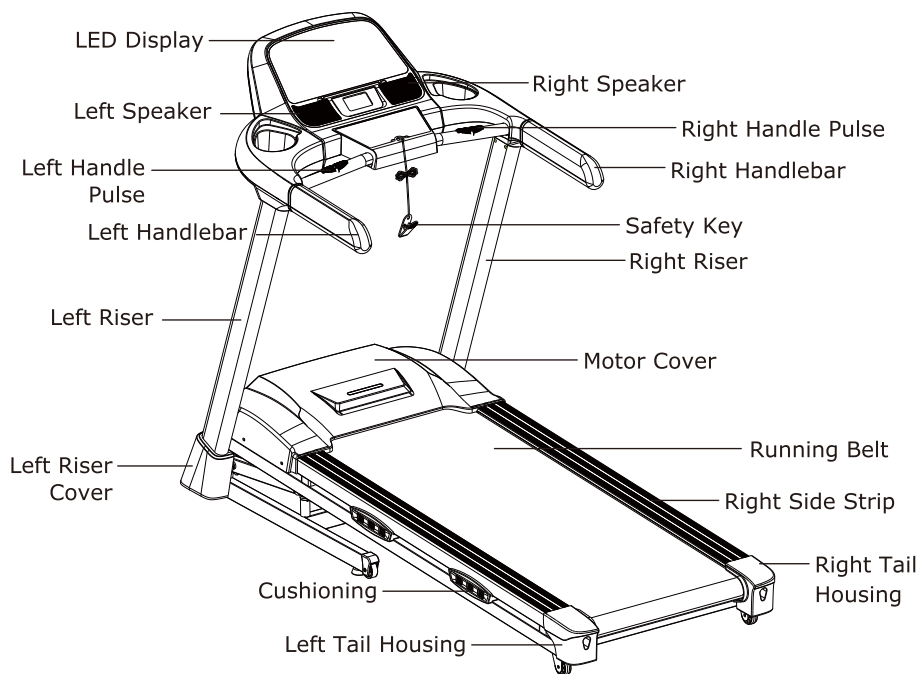
Grounding Instructions

- The product must be grounded. Grounding provides the channel with the least resistance to current to minimize the risk of electric shock if the function of this machine does not work normally.
- This product is equipped with a grounded conductor and a plug for the device. The plug must be properly installed, grounded and plugged into an appropriate electrical outlet in accordance with local codes or regulations.

Danger!

- There is a risk of electric shock if the device is not properly grounded. Please contact an electrician to check if the grounding of the product is correct. If the plug does not fit into the socket, it can not be changed. Please inform a qualified electrician with the installation of a suitable socket.
- This product has a grounding plug. Make sure that the product is connected to an outlet of the same shape, this product can not be used with an adapter socket.

Product Diagram



Packing List

No.	Item Name	Qty.	Notes
1	Machine Body	1	
2	LED Display	1	
3	Cover for Left & Right Riser	1	
4	Accessory Kit	1	See the attached table for details

Product Specification

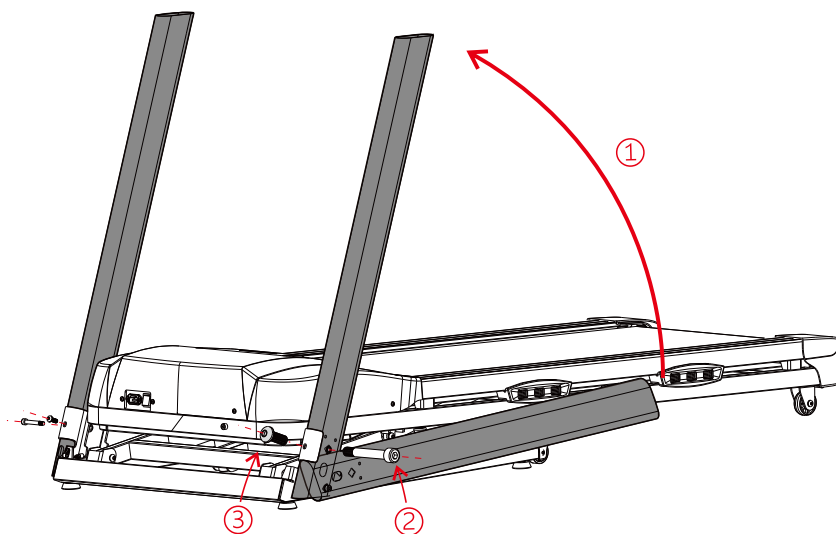
Operating Voltage	110V 60Hz
Maximum Load	265lbs
Outline Dimension	69.5" x 32.3" x 50.2"(L x W x H)
Running Area	19.7" x 51.2"(L x W)
Motor Power	4.75HP
Speed Range	0.6-12 mph
Slope Range	1-15%
Product Weight	170lbs

Accessories

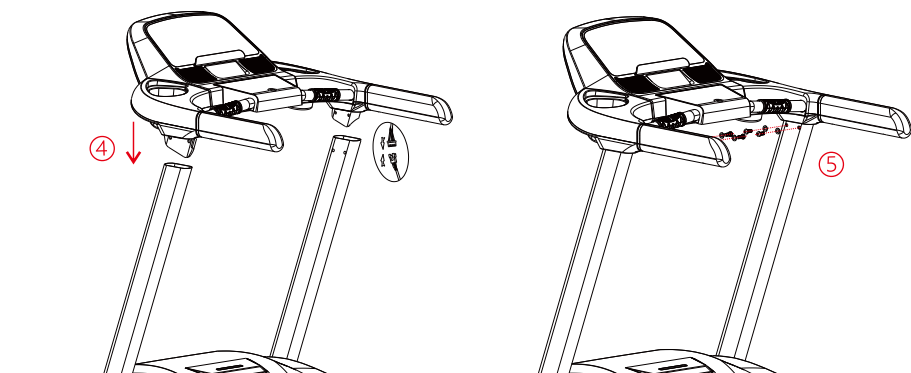
Number	Name	Quantity	Remarks
1	M8*20 Screw	6	4 on left and right riser, 2 on digital display
2	8.5 * 16 Gasket	4	For digital display
3	M8*55 Screw	2	For left and right riser
4	5mm Allen Wrench	1	/
5	6mm Allen Wrench	1	To adjust the running belt
6	13-17 Open-end Wrench	1	/
7	Security Lock	1	/
8	Methyl Silicone Oil	1	/
9	Power Cord	1	/
10	Manual, Certificate of Conformity	1	/

Installation Procedure

- 1.** Take the machine out of the box and put it flat on the carpet or soft cushion.
- 2.** As shown in figure ①, lift the risers upward. As shown in figure ②, fix one side riser with M8*55 screw by 6mm Allen wrench. As shown in figure ③, use a 6mm Allen wrench to further secure the riser with M8*20 screw. The installation of the riser on the other side is the same.



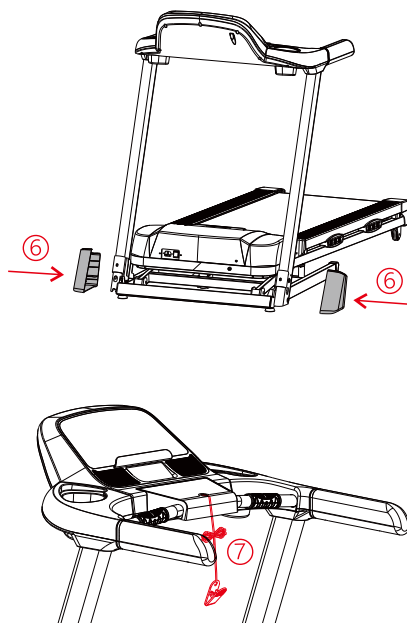
3. As shown in figure ④, install the digital display on the risers. (When the user puts down the digital display, be careful not to let the component press to the communication line, to prevent the line from being damaged when locking the screws). As shown in figure ⑤, secure the digital display to the left and right risers using four M8*20 screws and four 8.5 * 16 Gaskets, then tighten all screws by 6mm Allen wrench.



4. As shown in figure ⑥, after confirming that the risers are secured, clasp the covers on the left and right risers.

5. As shown in figure ⑦, put the "Safety Lock" into the red square box of the digital display, and installation is completed. Plug in power and turn on the power switch to enter the standby state.

Note: After the assembly of the unit is complete, please check again that whether all bolts have been tightened.



Folding & Moving Instruction

1. Fold the treadmill: Folding the treadmill to save space. Before folding, turn off the power switch, unplug the power plug, and lift the treadmill by hand until the treadmill is stuck into place. (Figure 1)

2. Put down the treadmill: As shown in Figure 2, lightly step on the air spring tube, and the treadmill will slowly drop to the ground.

Note: Do not let children to be around during this step to avoid being crushed or hit.

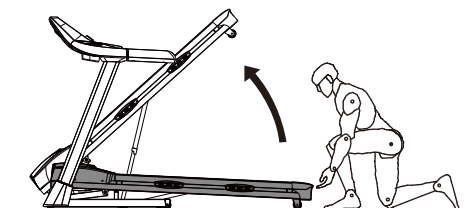


Figure 1

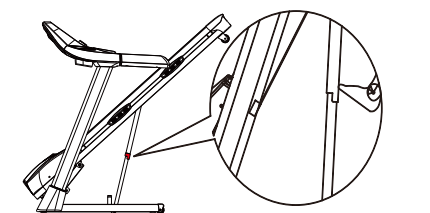
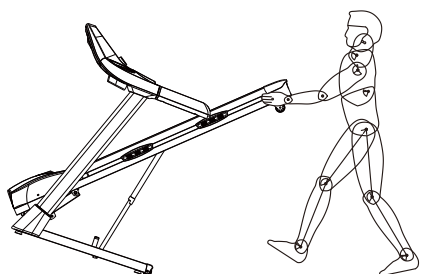
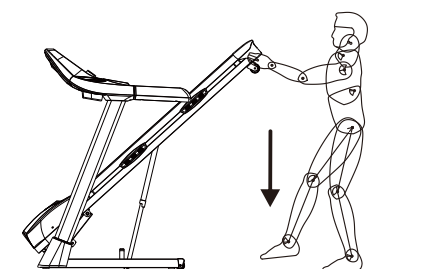


Figure 2

3. After folding the treadmill, fix one side of the base with your feet, and pull the handrail backwards with your hands to tilt the whole machine backwards.

4. Move the whole machine.

Note: After folding, please move it to a place that is not easy for children to play, to prevent children from touching the air spring tube, to avoid the treadmill falling or causing unnecessary accidents.



Sports Advice and Guidelines

Warm-up Exercise

Warm up for 5-10mins before each operation.

Breathe

Do not hold your breath during operation. When preparing to release action, inhale through the nose and exhale forcefully through the mouth. Breathing and movement should be coordinated. If the breathing is too rapid, stop the exercise immediately.

Frequency

The exercise of the same muscle should keep 48hours of rest. That is, only train the same area every other day.

Load

Determine the amount of training according to the individual physical condition, and then practice according to asymptotic load. It is normal phenomenon for muscle soreness at the beginning of training. As long as continue to practice the soreness can be eliminated.

Relax

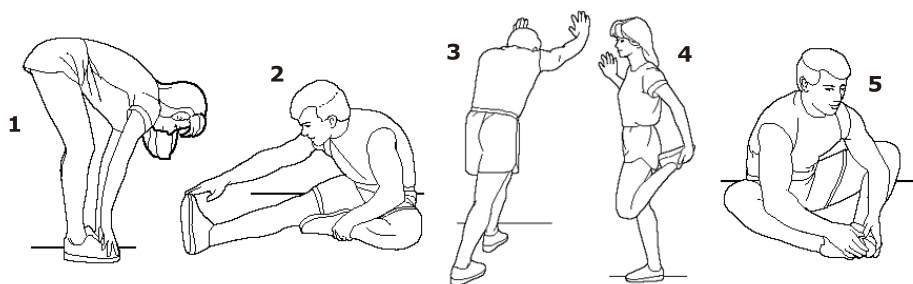
The reductive action should be done for 5mins after practicing every time. Especially extend flabby for ministry muscle. avoid muscle long-term condensation, and keep muscle flexibility.

Diet

Do not eat at least 1 hour before training and half an hour after training to protect your digest system. Avoid drinking plenty of water to avoid increasing burden of heart and kidney.

Stretching Exercise

It is important to stretch before training, no matter how intense the training will be. It is easier to stretch the muscles when they are warm, warm up by running for 5 to 10 minutes and then stop and stretch as follows 5 times for 10 seconds or more on each leg. continue to stretch even after training. Do it again after you work out.



1.Stretch Down

Bent your knees slightly and slowly bend your body to relax your back and shoulders. And try to touch your toes with your hands. Hold for 10-15 seconds, then relax. Repeat 3 times. (see figure 1)

2.Hamstring Stretch

Sit on a clean seat cushion and straighten one leg. Tuck the other leg inward so that it is close to the inside of the straight leg. Try to touch your toes with your hands. Hold for 10-15 seconds, then relax. Repeat with each leg 3 times. (see figure 2)

3.Stretch the Calf and Hamstring

Stand with two hands on a wall or tree. One foot is behind. Keep your hind legs straight and on your heels, leaning against a wall or tree. Hold for 10-15 seconds, then relax. Repeat 3 times for each leg.(see figure 3)

4.Quadriceps Stretch

Keep balance with left hand to hold the wall or table. Then extend your right hand backward. Hold your right ankle and slowly pull toward your

hips until you feel tension in front of your thighs muscles. Hold for 10-15 seconds, then relax. Repeat 3 times with each leg. (see figure 4)

5.Sartorius Muscle (muscle of the inner thigh) Stretch

Sit with your feet facing each other and knees facing out. Grab both feet with both hands and put toward the groin. Hold for 10-15 seconds, then relax. Repeat 3 times.(see figure 5)

LED Display Operation Instruction

Display and Function Keys Diagram

Display: Main window (time, calories, distance) + Heart rate window (heart rate, steps) + 5 Keys (target, pause/resume, plus, start/stop, minus).



Display Window

Start and Stop the Treadmill

Digital display panel: Short press the start key to start and stop the treadmill.



Digital Display Panel

Pause and Resume Running

Digital display panel: Short press the pause/resume key (Press in motion state to pause; press in pause state to resume motion).

Speed Adjustment

Digital display panel: Short press the target key to switch the function to speed adjustment (the main window or the knob shows the speed), then short press +,- to adjust slowly, long press +,- to adjust quickly.

Slope Adjustment

Digital display panel: Short press the target key to switch the function to Slope adjustment (the main window or the knob shows the slope), then short press + (-) for slow adjustment, and long press + (-) for fast adjustment.

Exercise Mode Selection

In the stopped state, short press the target key to enter: countdown->countdown distance->countdown calories->P1->P2->P3..->P20>free running->countdown. The countdown mode can set the countdown value, and the Pxx mode is a fixed preset duration.

Plus and Minus Key Function Switch

Short press the target key to switch the plus and minus key functions (speed adjustment, slope adjustment). When the main window displays speed, it is the speed function, and when the slope is displayed, it is the slope function.

Parameter Adjustment

1. Enter the user parameter setting interface:

Unplug the safety lock and long press the start key to enter the parameter setting interface. After entering the user parameter setting interface, the heart rate window displays Uxx, and the main display window shows the parameter value.

2. Parameter switch:

After entering the parameter setting interface, short press the start key to switch parameter items.

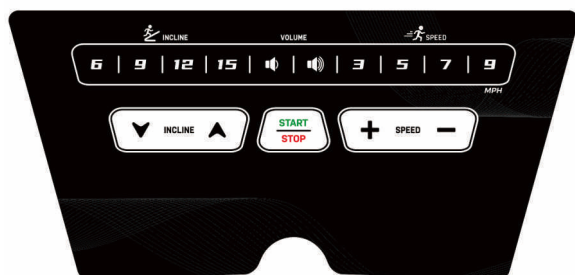
3. User parameter description:

Parameter 2: Display brightness, 1 is the darkest -> 5 is the brightest;

Parameter 3: Buzzer volume, 1 minimum sound -> 5 maximum sound;

Parameter 6: Switch between metric and imperial systems, 0 is metric, 1 is imperial;

Parameter 7: Accumulated mileage.



Button Control Panel

Start/Stop Button:

1. When the machine is in standby mode, press this button to start the motor.
2. When the machine is running, press this button to stop the motor.

Slope Button:

- ▼ for increasing the Slope
- ▲ for decreasing the Slope

Speed Button

- ⊕ for increasing the speed when the motor is running
- ⊖ for decreasing the speed when the motor is running

Speed Shortcut Button

When the treadmill is running, press this button to quickly select the the speed of 3 mph, 5 mph, 7 mph, 9 mph.

Slope Shortcut Button

When the treadmill is running, press this button to quickly select the the Slope of 6, 9, 12, 15.

Safety Lock Function

In any state, pull off the safety lock, the window displays "E07", and the buzzer "Bi-Bi-Bi" beeps three times. If the motor is running, the motor stops urgently. When the safety lock is off, operations such as starting cannot be performed.

Troubleshooting

Problem	Possible cause	Method
The treadmill does not work	No power	Plug into socket
	Power is not turned on	Turn on the power switch
	Safety lock is not in place	Put the safety lock into the lock position
	Circuit signal system cut out	Check the controller input terminal and signal line
	Blown fuse	Replace the fuse
The running belt does not run smoothly	Insufficient lubrication	Add methyl-silicone oil lubricant
	Running belt is too tight	Adjust the tightness of the running belt
Running belt skidding	Running belt is too loose	Adjust the tightness of the running belt
	Motor belt is loose	Adjust the tightness of the motor belt

Wrong Display and Troubleshooting

Problem	Possible Causes	Method
Er01	Bad communication	The signal line is not plugged in, plug it in again.
Er02	The motor wire is loose or falling off, whether the carbon brush is worn out.	Check whether the motor wire is loose or falling off. If it does not fall off, check whether the motor carbon brush is worn out. If it is worn out, replace the motor. If it is not worn out, the electric control is damaged. Replace the electric control.
Er03	No sensor signal	The sensor line is not plugged in properly, plug it in again
Er04	Controller or motor abnormal	The load is too large, replace the controller and motor
Er05	Overload protection	The load is too large, replace the electric control
Er06	System self-check failure	System failure, replace electric control
Er07	Safety lock is not in place	Put the safety lock into the lock position
Display Abnormal	External interference	Turn off the power switch, and then power on again after 1 minute

Product Maintenance

Proper maintenance is the only way to keep your treadmill in its best condition. Wrong maintenance can damage or shorten the life of the treadmill.

- a.* Due to wear and damage, frequent inspections are required; worn or damaged accessories, such as motors, electronic controls, power cords, running belts, need professional maintenance.
- b.* Immediately replace those defective parts or reduce the equipment to be idle until repaired; (such as power cord).
- c.* Pay special attention to the most easily worn components (such as running belts).
- d.* If the power cord is damaged, in order to avoid danger, it must be replaced by professionals from the manufacturer, its maintenance department or similar departments.

1. Lubrication

When the running machine is used for a period of time, it must be lubricated with special methyl silicone oil.

- ★ Less than 3 hours per week: lubricate once every 5 months
- ★ 4-7hours per week: lubricate once every 2 months
- ★ More than 7 hours per week: lubricate every 1 month

Advice:

Do not lubricate too much. It is not the more lubricants the better.

Remember:

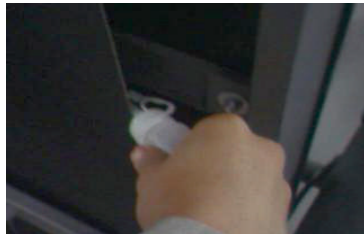
Proper lubrication can improve the service life of the treadmill.

2. 2.As for the way to check if you need to add lubricant. Just grab the running belt and touch the middle surface of the back of running belt with your hands as much as possible. If your hands are stained with silicone (somewhat damp), it means that no more lubricant is needed. If the running board is dry and your hands are not stuck to methyl silicone oil, then you need to add lubricant.

★ The step of lubricate on the running board (as shown in the right picture)

★ Stop the machine and fold it.

★ Lift the running belt of the underside of the main body, put the oil pot as far as possible into the middle of the running belt, and spray methyl silicone oil inside of the running belt.



★ Start the treadmill at the speed of 0.6mph to evenly lubricate and slightly step on the running belt from left to right. Then the silicone oil can be completely absorbed by the running belt after a few minutes.

3. Tightness Adjustment of the Running Belt:

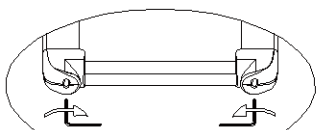
All treadmills shall be adjusted before delivery and after installation, but the running belt maybe loosen after a period of use. For example, the treadmill suddenly stops or the running belt is slippery when you exercise. Adjust bolts of running belt with the left and right synchronous as per clockwise direction to half a circle as the unit when this phenomenon occurs. If the running belt is too loose, the running belt and the roller will slip if your feet are on the running belt. But it is not good to be too tight. It is easy to increase the load of the motor and damage the motor, running belt and roller, etc.

4. Running Belt Deviation Adjustment

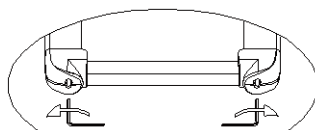
All treadmill belts need to be adjusted before delivery and after installation. But the running belt may be deviated after a period of use which may be caused by the following reasons:

- ① The main body is not placed smoothly.
- ② The feet of users are not in the center of the running belt.
- ③ The feet of users are uneven force.

It will be returned to normal after a few minutes of no-load rotation if deviation is caused by man-made. It should be adjusted with 6mm Allen Wrench at a half circle as the unit for deviation of non-recover automatically.



Please adjust left bolt clockwise or right bolt counterclockwise if the running belt is left deviation.



Please adjust right bolt clockwise or left bolt counterclockwise if the running belt is right deviation.

Notice: The running belt is mainly maintained by the user according to the manual. Running belt deviation will seriously damage the running belt. The mistake must be found and corrected in time.

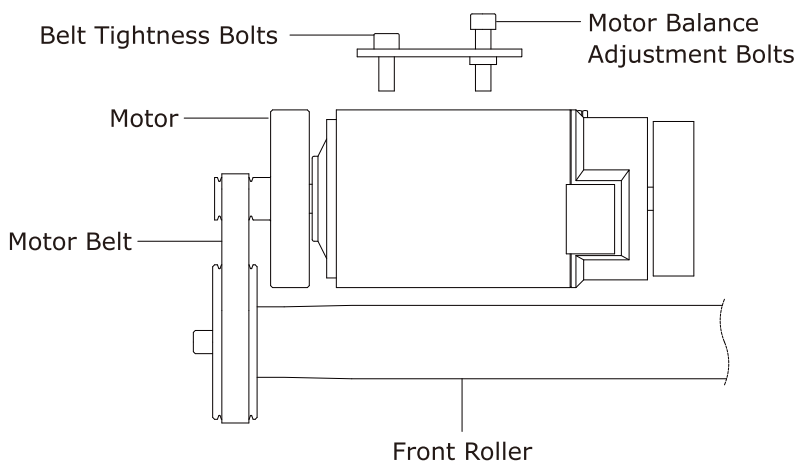
5. Adjustment of Motor Belt (as shown in the right picture)

All treadmills have been adjusted for the motor belt before delivery and after installation. But the running belt maybe loosen after a period of use, which can be adjusted by user himself.

Adjustment Steps:

- ① Adjust the parallelism of the motor with a wrench. Turn the bolt half a turn counterclockwise.
- ② Turn the belt tightening bolts clockwise half a circle.

NOTE: clean the running belt and pulley grooves regularly.



Gymax App Instruction Manual v1.0.5

This document is applicable to the Android version and iOS version of the official APP of Gymax.

iOS: Search Gymax in App Store to download

Android: search and download from Google Play store

Functions Overview

Gymax App iOS/Android with Gymax platform provides users the control of sports intelligent device, sports data recording, sports mall, dynamic sharing in community, system Settings and other functions.

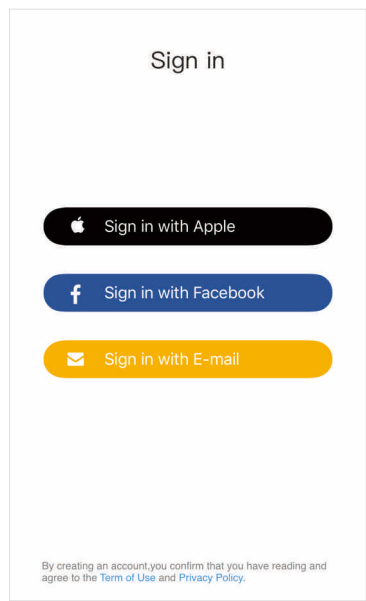
The Main functions

- > Sign In
- > Sports Scenes
- > Sports Mall
- > Community Dynamic
- > Settings

Sign in Process

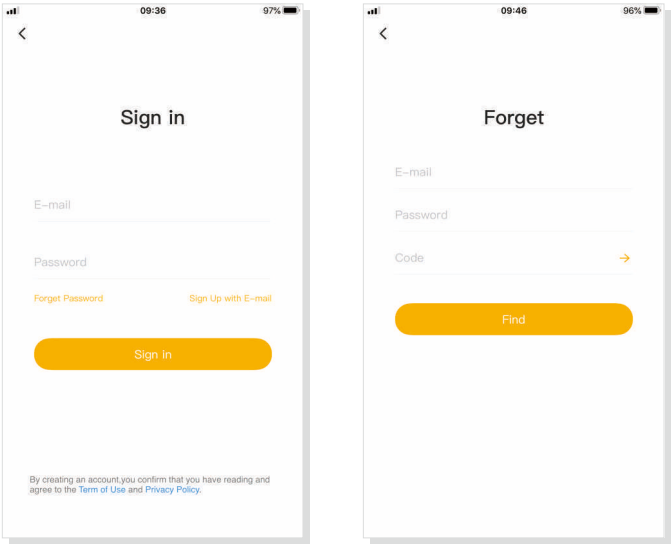
Sign in

For the convenience of users, Gymax provides three login methods: Facebook and E-mail, and iOS users can also Sign in with Apple. Users can quickly sign in to the Gymax App and use it.



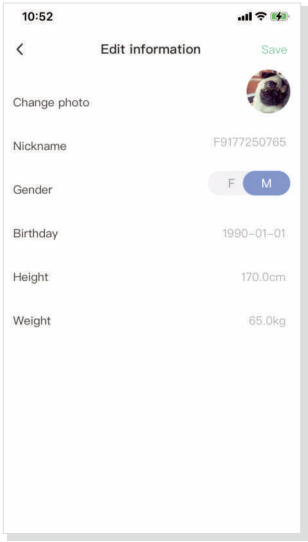
Retrieve Password

If E-mail users forget Passwords, users can click "Forget Password" on the mailbox login interface to jump to the Password retrieval interface, and then reset Passwords.



Edit Information

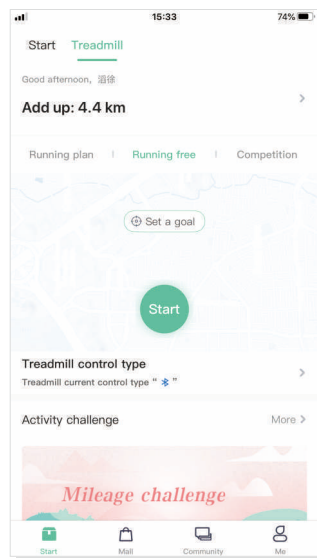
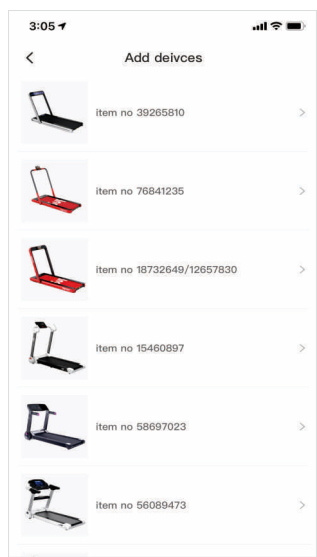
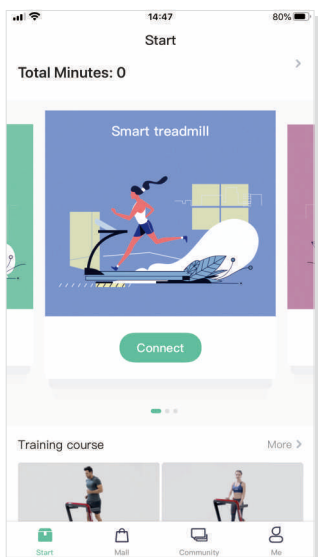
In the personal information interface, clicking the avatar, users can edit the avatar and upload the avatar by choosing album or camera.



Sports Scenes

Connecting services

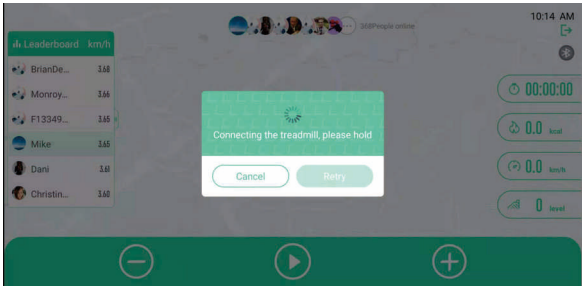
On the home page, users can freely choose the device type to connect. After connecting successfully, users then start the device page, such as the "Treadmill" interface.





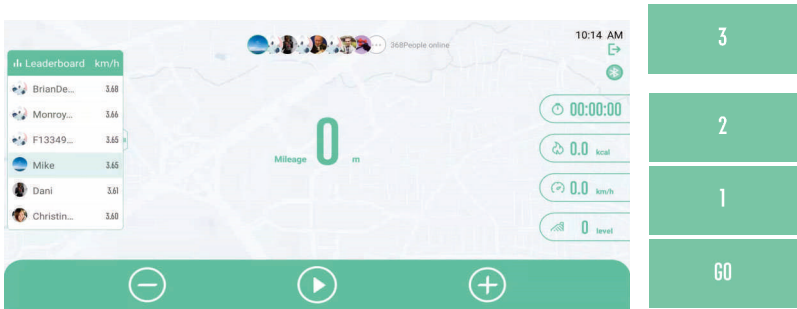
Starting exercise

Selecting the device page, such as "Start" on the "Treadmill" interface, users enter the running free, as shown below:

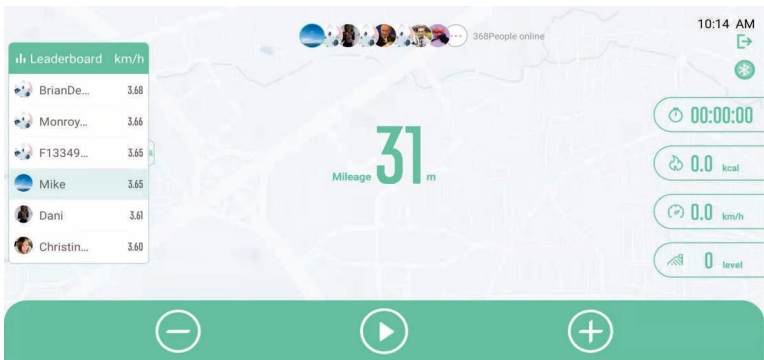
- 1. Waiting for GyMax to automatically connect to the treadmill.



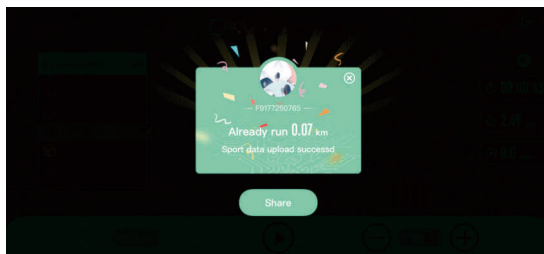
- 2. When the sign shows  on the interface, it means that your APP has been successfully connected to the treadmill. You should click , the the treadmill starts running and enters countdown interface: 3. 2.1, GO.



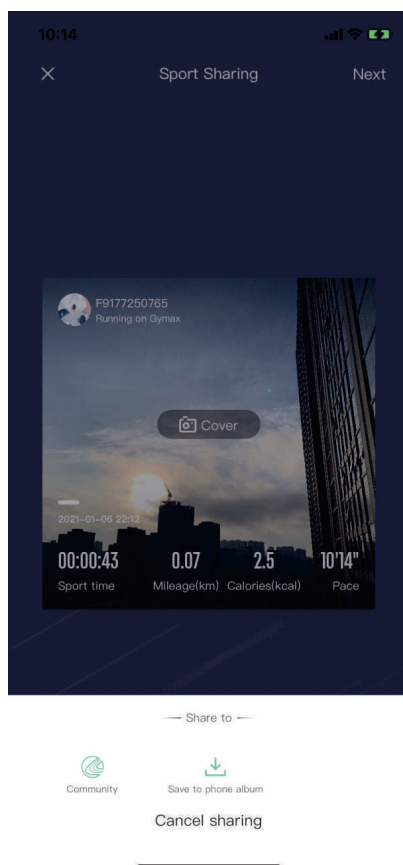
- 3. The Gymax App synchronizes exercise data, such as distance, duration, calories, and speed, as users run on the treadmill, and users can start or stop, accelerate or decelerate the treadmill, which intuitively shows users' current sports ranking and the number of online sports in real time.



4. When users finish the exercise, the Gymax App will show users' total running distance.

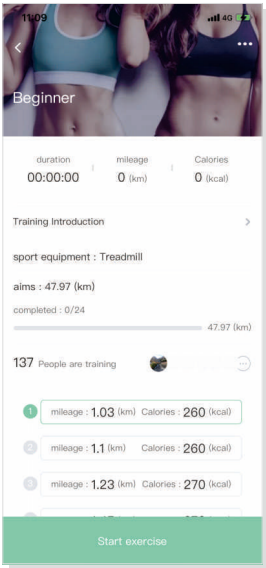
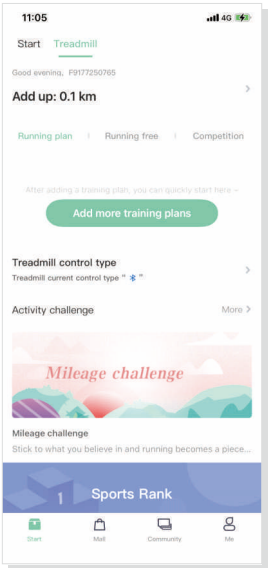


5. Users can share the sports data to the community or save it to the phone album.



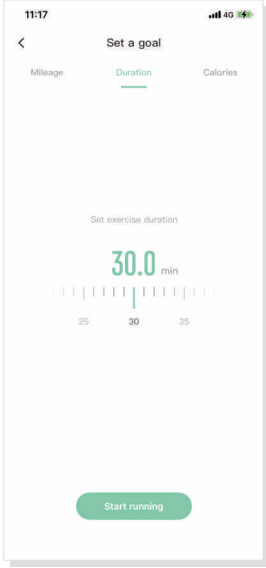
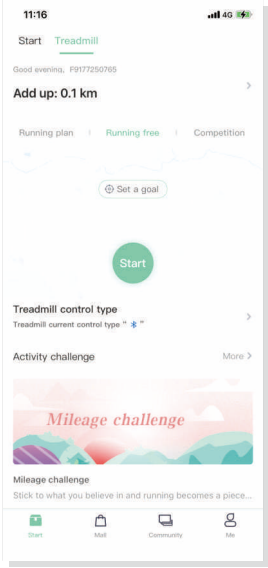
Sports Plan

Users can click "Add More Training Plans" to Add users' own sports plans.

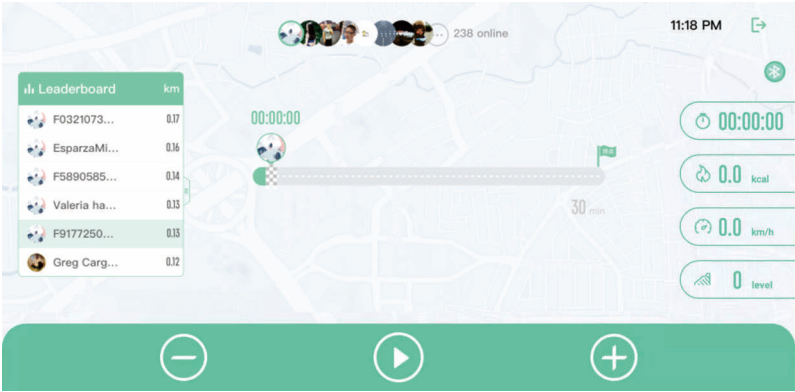


Setting Goals

1. Users can set suitable sports goals.

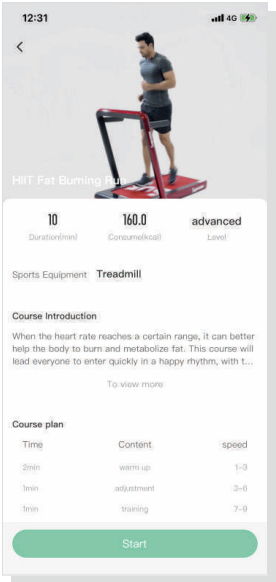
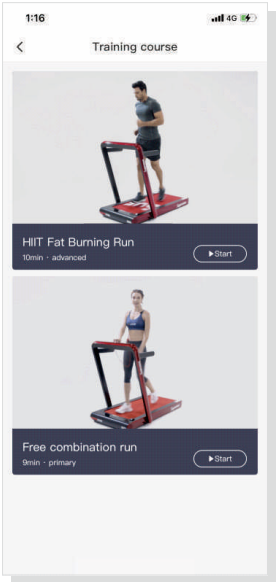
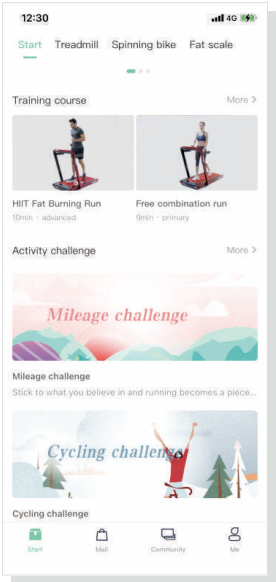


2. When the goal is reached, the exercise automatically ends.

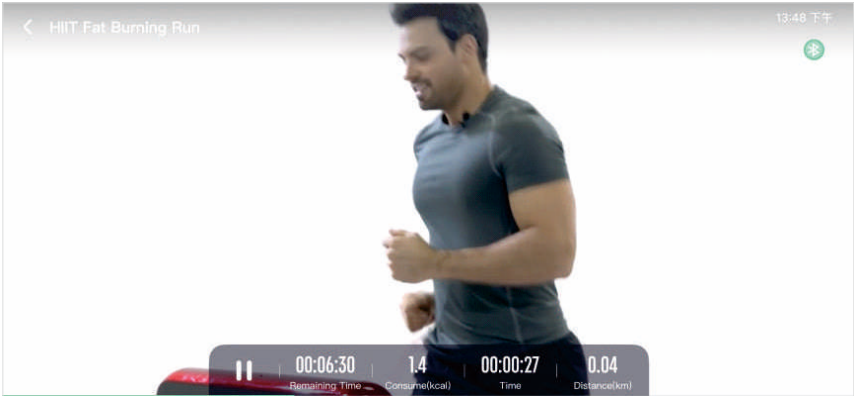


Training Course

1. Users can select courses in the interface of training course.

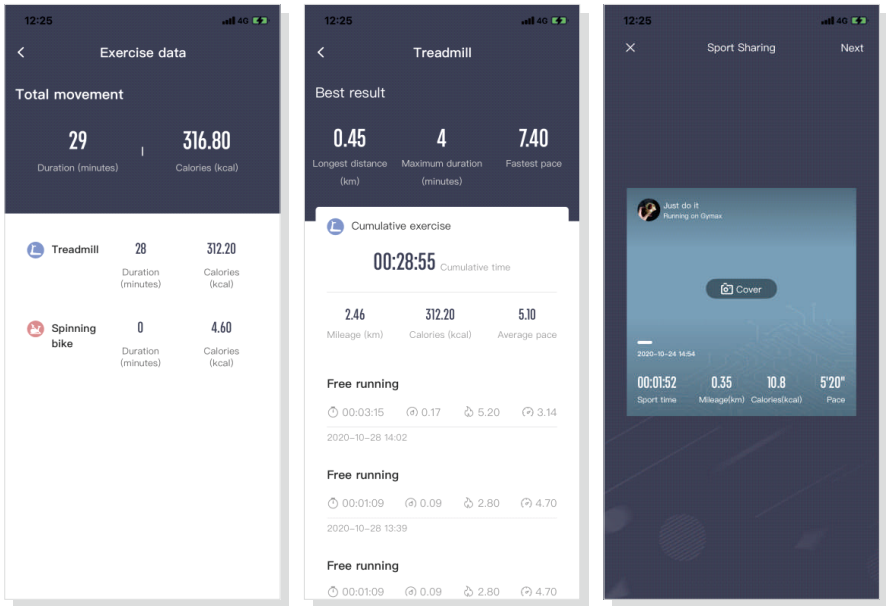


2. And then Start training with a fitness coach.



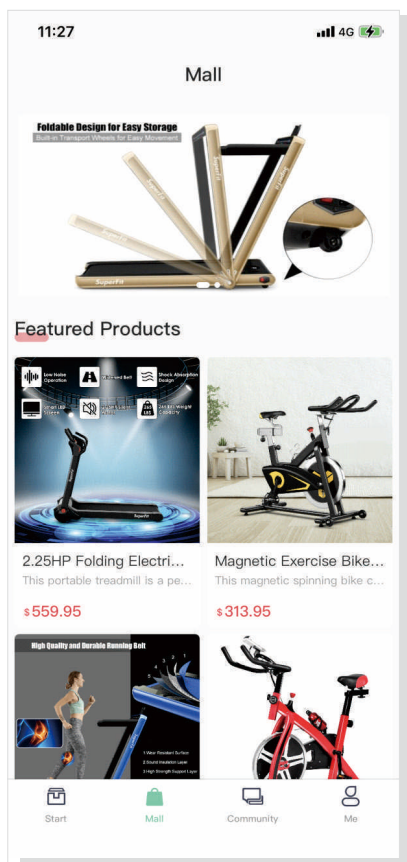
Exercise Record

The user can view the Exercise data record in the device page. (me-exercise data)



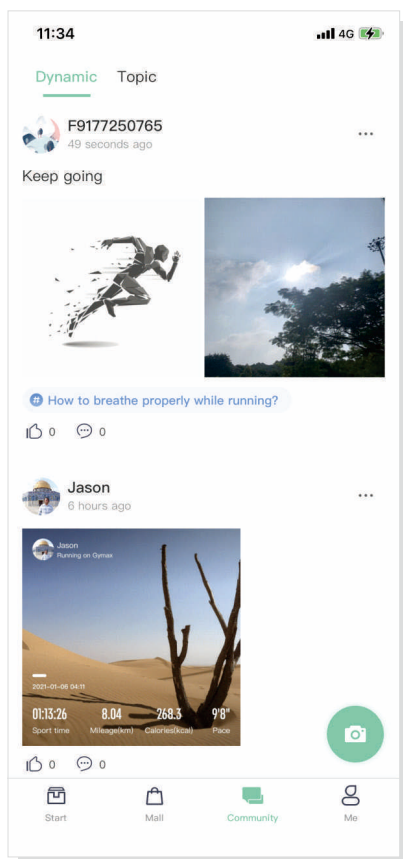
Sports Mall

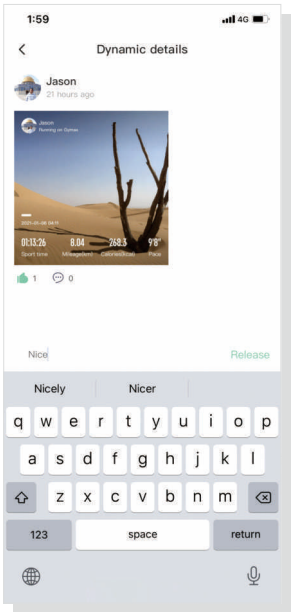
Users can purchase satisfied sports devices.



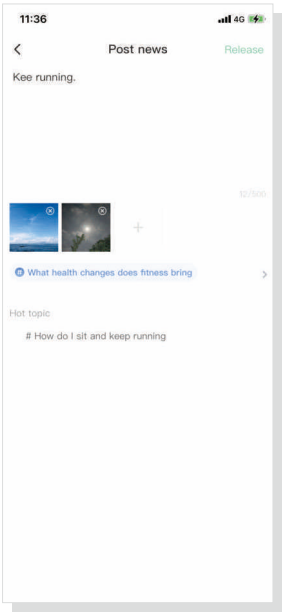
Community dynamic

1. In sports community, users can share dynamic communication with each other.

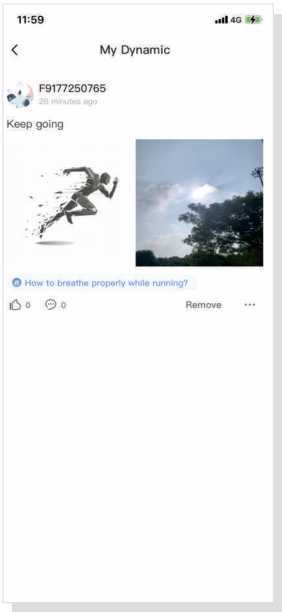




2. Users can comment dynamics in community.



3. Users can post dynamics.

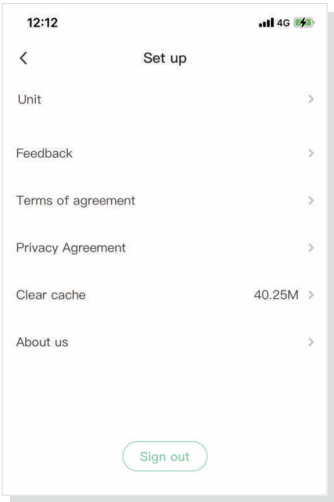


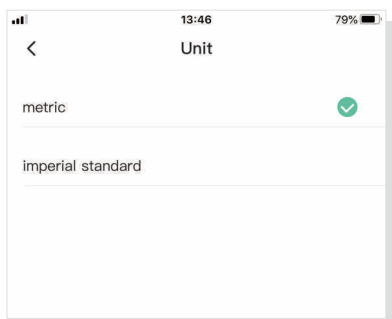
4. Users can remove the released dynamics in Me-My Dynamic.

Settings

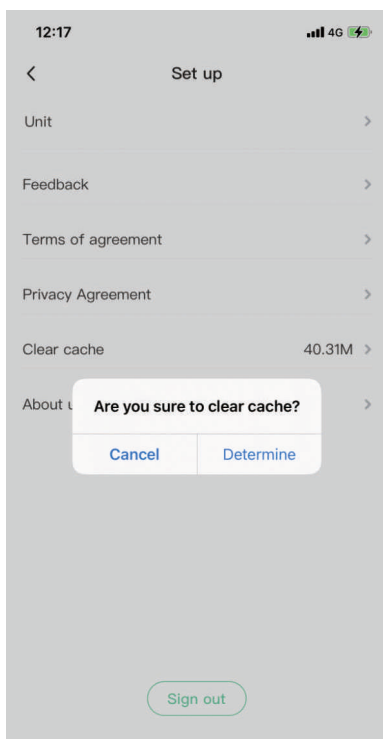
System Settings

Users can click "Me" to enter the set up, including unit, feedback, terms of agreement, privacy agreement and clear cache, etc.



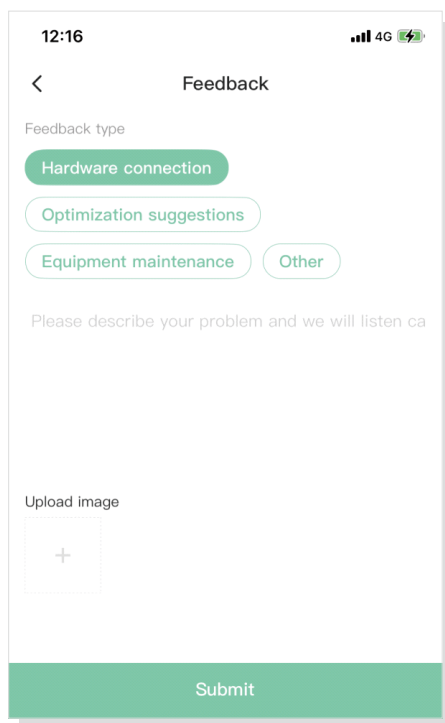


Unit settings (metric or imperial standard)



Clear Cache

Users can clean up the system cache according to users' needs, including Gymax App H5 web page load cache and image load cache.



Feedback

Users can submit suggestions and the problem for improving the product.